

St. Hilda's East Community Centre

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St. Hilda's East is a multi-purpose community centre catering for all sections of the local community. We welcome people of all ages and backgrounds and have an active programme of activities based within our building. If you would like to become involved in the Centre or just find out more - please contact us on 020 7739 8066.

Projects at St. Hilda's East Community Centre at present include:

- Older People's Project Provides a regular lunch club open weekdays. Activities on offer during mornings and afternoons include arts and crafts sessions, internet classes, keep fit, bingo and outings, as well as special celebrations at festival times.
- The Women's Project Caters especially for women and offers a wide range of stimulating and challenging activities including ESOL (English) classes, keep fit sessions and arts and crafts sessions. Creche St. Hilda's creche is open on a sessional basis, for children aged six months upwards to enable parents and carers to be involved in other community centre provision including ESOL classes and Women's Project activities. Use of it is free of charge.
- Youth Groups These include the HAYA (Helping Achieve Youth Ambitions) Girls' Project and a Boys' Project. The Youth Groups offer a variety of educational and recreational activities for young people including workshops, discussion sessions, sports and outings. Surjamuki group provides social opportunities for young people with disabilities, and support to empower them, through a weekly youth group.
- Advice General advice on benefits, housing, and debt is available during the daytime, and free Legal Advice sessions are held on Tuesday evenings.
- Sonali Gardens Day Centre Provides culturally appropriate day care targeted at Bangladeshi older people with disabilities. It also provides access to primary health care facilities such as dental care, ophthalmology and chiropody.
- Bondhon Provides support and activities for women experiencing mental ill health. Group sessions take place every week at both St. Hilda's and a venue in Poplar, supported by a Project Worker. Short Term & Flexible Breaks Project This is for carers who need short term breaks from caring, for example in order to go to an appointment, or if they are experiencing pressure. Respite may include day care placements or domiciliary care services.
- Food Co-op Fresh, affordable fruit and vegetables available weekly at St Hilda's from the Co-op, aimed at promoting healthy living.
- Volunteering St. Hilda's positively welcomes volunteers in its projects and activities. Staff are always available to offer support and guidance. If you would like to become involved, get in touch with us!
- Link Age Plus This is a project offering opportunities and activities for people who are aged 50+ in areas LAP 1 and 2 of the borough. Based in Sonali Gardens, Shadwell, it also facilitates access to a wide range of local services. Activities include a pensions service weekly surgery, coffee mornings and complementary therapy. Shebadan Provides home care targeted especially within Asian community. Care services are provided such as washing, bathing, dressing, cooking and cleaning.

Rooms (including cafes and kitchens) are available for hire for all types of private and corporate events, such as meetings, conferences, training, weddings, parties and exercise or activity sessions. We welcome one-off or regular bookings. For further details, email us or call us on 020 7739 8066.

Who to contact

Telephone	020 7739 8066
Email	mail@sthildas.org.uk
Website	www.sthildas.org.uk

Where to go

Venue address	18 Club Row Bethnal Green London
Postcode	E2 7EY

