

Sew and Support

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Vocational training is provided in cutting, sewing, pressing and finishing skills. Although our main target is the Bangladeshi community, we welcome referrals from non-Bangladeshi communities who have an interest in sewing. We also provide ongoing support in helping participants finding work experience, voluntary work and paid employment.

Cost and referrals

The service is open to residents of Tower Hamlets residents and other boroughs. Please call Arif Miah on 020 7247 1910 for information about the placement fees.

Who to contact

Name	Arif Miah
Position	Sew & Support Manager
Telephone	Tel: 020 7247 1910
Email	arif@wwtrust.co.uk
Website	https://www.workingwelltrust.org/Pages/Category/sew-and-support

Where to go

Name of venue	Working Well Trust
Venue address	128 Cavell Street Whitechapel London
Postcode	E1 2JA

When is it on?

Date & Time Information	Opening Times: 9am to 5pm, Monday to Friday
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Other details

Referral required?	Yes
Who can make a referral?	GP or any mental health professional including Community Mental Health Teams
