

# Pilates

[← Back to results](#)

Pilates class Beginners

£2.00 per session

## Who to contact

Name	Ocean Regeneration
Telephone	02077803113
Email	<a href="mailto:khalida.maleque@oceanregeneration.org">khalida.maleque@oceanregeneration.org</a>

## Where to go

Name of venue	OTLA Hall Ocean estate
Venue address	OTLA Hall Ocean Estate
Postcode	E1 4ST

## When is it on?

Date & Time Information	Tuesdays 10am -11am
Time of day	Morning