

Getting on with Money

Money management and budgeting appointments to help you feel more in control of your finances. Sessions are based around Tower Hamlets and your appointment will be tailored around your circumstances. It could include information on ways of keeping track, tips and tricks to save money on day-to-day expenses and avoid getting into debt.

Who to contact

Name	Getting on with Money Team
Telephone	07388 378005
Email	gettingonwithmoney@bbbc.org.uk
Website	https://www.bbbc.org.uk/services/money-advice/

Where to go

Name of venue	Bromley by Bow Centre
Venue address	St Leonards Street London
Postcode	E3 3BT
Additional Notes	Appointments also available across the borough at: - Commercial Street (Aldgate East) - Mile End - Chrisp Street (Poplar) - Commercial Road (Shadwell) - Isle of Dogs (Cubitt Town) - Roman Road (Bethnal Green)

When is it on?

Date & Time Information	Mondays to Fridays
Time of day	Morning Afternoon
Session Information	By appointment only please contact us to make an appointment

Other details

Cost(s)	Free
Languages	Bengali
Who can use this service?	Tower Hamlets residents struggling to manage their money
Referral required?	No
Who can make a referral?	Anyone, including self referrals
Notes	Please let us know if you have any specific access requirements e.g. a wheelchair accessible venue, a Bengali speaking advisor

Mental Health Services

Can service users refer themselves?	Yes
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Types of services and activities	Group session, One-to-one support, Advice
How to Access your service	Please call or email us to book an appointment or ask about booking a group workshop
Service User interests	Money management
